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**A COMPARATIVE STUDY OF SPORTS ACHIEVEMENT
MOTIVATION BETWEEN HOCKEY AND CRICKET
PLAYERS OF BANARAS HINDU UNIVERSITY**



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ABSTRACT

The purpose of the study was to compare the sports achievement motivation between hockey and cricket players and also to find out the status of players in relation to sports achievement motivation. For purpose of the study forty (twenty hockey and twenty three cricket) were selected from Banaras Hindu University. Subjects' sports achievement motivation was measured by inventory developed by M.L Kamlesh., Data was collected by administering questionnaire inter university camp. All the necessary instructions were given to students and were convinced to answer the entire question honestly. To find out the difference independent t-test was used at 0.05 level of significance. Findings of the study revealed that there is no significant difference between hockey and cricket players in relation to sports achievement motivation as calculated $t(1.95)$ was less than tabulated t value (2.02) at 0.05 level of significance. Age and similar environmental factor might have brought no significant difference between hockey and cricket players in relation to sports achievement motivation.

KEY WORD: sports achievement motivation

INTRODUCTION :

Sport is an important ingredient of physical education and is a worldwide phenomenon today. The unprecedented popularity and better organization of sports activities and competitions would

have been impossible without the recognition of the important of sports competitions in the world. The world has realized the importance of sports for the modern civilizations. (Uppal, 1992)

Sport Psychology is the scientific study of people and their behaviours in sport. The role of a sport psychologist is to recognize how participation in sport exercise and physical activity enhances a person's development.

Achievement Motivation defined as the need to perform well or the striving for success and evidenced by persistence and effort in the face of difficulties. Achievement Motivation is regarded as central human motivation. Achievement Motivation form to be the basic for good life. People who are oriented towards achievement in general, enjoy life and feel in control, being motivated keeps people dynamic and gives them self respect. They set moderally difficult but easily achievable targets, which help them, achieve their objectives. They do not set up extremely difficult or extreme easy targets by motivated people prefer to work on a problem rather than leaving the outcome to chance. It is also seen that achievement motivated sports persons seem to be more concerned with their personal achievement rather the rewards of success.

STATEMENT OF PROBLEM:

To find out the sports Achievement Motivation between hockey and cricket players of Banaras Hindu University.

SAMPLE:

For the present study 20 Male hockey player and 20 Male cricket players are taken for the study.

TOOL:

For measuring the sports Achievement Motivation of the subjects a questionnaire developed by Mr. M.L Kamlesh was used. It is a popular tool being used by the psychologists for measuring the sports Achievement Motivation for players.

PROCEDURE

The questionnaire was administered on the subjects during inter university camp.

DATA ANALYSIS

The data thus collected were given to statistical treatment computing t-ratio to find out the difference if any between the Hockey and Cricket team on sports achievement motivation. The obtained results have been presented in the following table:

RESULTS AND DISCUSSION:

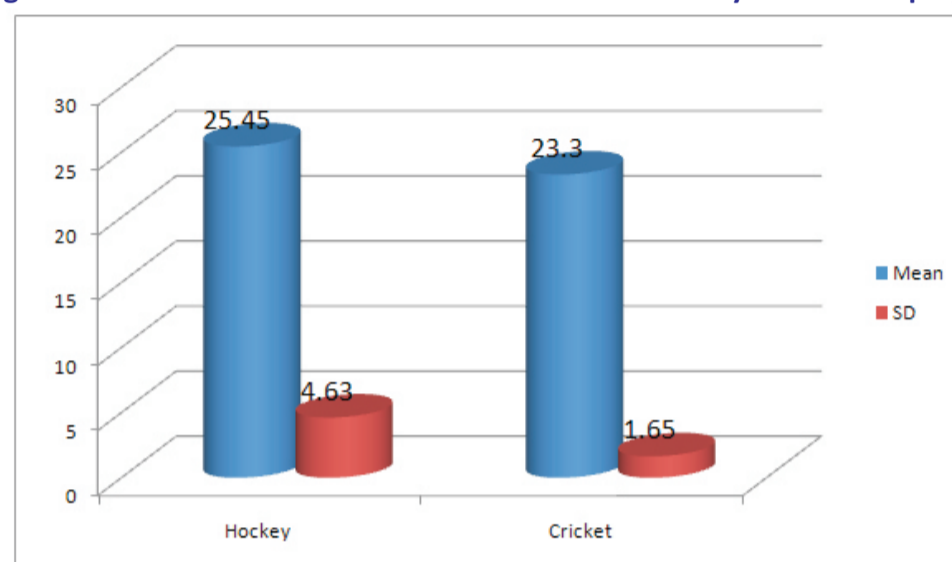
Mean, standard deviation and t- ratio of sports achievement motivation of Hockey and Cricket players are presented in table - 1

Table -1

Indicating the Mean Difference of sports achievement motivation between Hockey and Cricket players

PLAYERS	N	Mean	S.D	t-value
Hockey	20	25.45	4.63	
Cricket	20	23.30	1.65	1.95

Fig: 1 Mean and SD of Achievement Motivation of Hockey and Cricket players.



It has been depicted in the table that there was no significant difference of sports Achievement Motivation between Hockey and Cricket players of Banaras Hindu University. As, the calculated 't' (1.95) value is lower than the tabulated t-value (2.02) at 0.05 level of confidence with 38 degree of freedom.

CONCLUSIONS:

It is concluded that there are no significant difference of sports achievement motivation between Hockey and Cricket players of Banaras Hindu University.

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