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# TRACING THE ROOTS OF MANAGEMENT CONCEPTS LIKE SATISFACTION & HAPPINESS IN ANCIENT INDIAN MANTRAS

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#### **ABSTRACT**

The burning issues in the economic environment of a developing country like India, gets reflected in the human life to be more painful rather than gainful and joyful. It is because most of the human wants and needs are Economical and Monitory in nature in this modern era. In such a situation, a day-to-day life of a human being is observed to be full of Problems - Pressures – Fear - and Uncertainty. A common man generally finds himself to be totally helpless and unable to tackle such a situation. Here, a journey of a common man starts,



desperately looking out for the solution of the most of the usual, regular and inevitable problems and issues he is facing. It can be called as or described as a hunt for the strong and solid support, in the form of **Satisfaction** and **Happiness** wherein one can find the solution for the problems and issues mentioned above.

Surprisingly, outline of the similar conditions, ideal thoughts and well-wishing on the same can be traced back in the ancient Mantras as given in the Vedas, Upa-nishadas etc. In the very popular Mantra "Sarve Bhavantu Sukhinah, Sarve Santu Niramaya" an appeal can be found made for the Peace, Satisfaction and Happiness for every one on this planet Earth.

**KEYWORDS:** economic environment, developing country, Satisfaction and Happiness.

#### **INTRODUCTION**

The human being is always looking for the healthiness and the happiness of his body and soul. In a real sense it is the hardest thing to earn, which money can't buy in today's fast and complex life. Therefore, taking into account the above mentioned issues an interdependencies of Satisfaction through Health, Satisfaction through Security, Satisfaction through the secured and regular source of revenue generation it seems that it rationally corelates with the ancient invaluable Indian Mantras depicting the need for the Peace, Satisfaction and Happiness for every one on this planet Earth.

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## **OBJECTIVES:**

- To study the co-relation of ancient Indian Mantras with that of Satisfaction & Happiness.
- To understand the meaning of ancient Indian Mantras in context with today's modern Management Concepts.

# **Hypothesis:**

**Ho** Ancient Indian Mantras gets reflected in the Modern Management concepts like Satisfaction and Happiness.

**H1** Ancient Indian Mantras do not get reflected in the Modern Management concepts like Satisfaction and Happiness.

#### **DISCUSSION**

#### A) Satisfaction:

'Satisfaction' is a state of mind and something that can be described as a sense of happiness and a feeling of the pleasure upon happening/non-happening of something as per one's wish. It is generally said that 'Money can buy anything & everything except that of the Satisfaction!'.

It is said so because in this modern era it's a crystal clear reality that one can get absolutely anything & everything with the money power that he/she holds. But it is equally true that anything & everything can be bought that is available in the market and is offered for selling purpose. Money power can buy the Necessities, the Luxuries and what not! But the Health, the Time & the Satisfaction are some of the things that no one can buy at his/her will, at his/her desire and most importantly at any Cost ............ Whatever he/she is ready to spend with the so-called Money power.

## B) Happiness arising out of Satisfaction:

Happiness is definitely a concept very difficult to define. It's a subjective concept, meaning thereby it differs from person to person. People generally have different perceptions and conceptions about happiness. But one thing is sure by all means that Happiness is an indispensable feature of the human life. Happiness is basically, an outcome and simultaneously the result also, of the state of mind called as 'Satisfaction'. Every human being is desperately in search of the same simply because it drastically reduces the stress levels, minimizes the anxieties and settles down the depression levels. All these contribute significantly in improving the immune system and the overall health condition of a human being in today's fiercely competitive world full of tensions, pressures and the uncertainties arising out of it. The happiness results in the positivity & the joy. Happiness is something directly related with the love and affection.

#### **C)** Determinants of Satisfaction:

A so-called successful person in a society might be having economically sound background but might be missing on Satisfaction and Happiness either on health issues, interpersonal relations, comparison of the status and ego with others and what not. At the same time an ordinary, poor, uneducated and unemployed person might be enjoying every moment of life with full enthusiasm! Satisfaction and Happiness arising out of it are absolutely subjective concepts and it also depends upon how the person perceives it. But in common parlance a human being is said to be Happy and Satisfied on the broad parameters such as-

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- Education
- Earnings and Economical soundness
- Good health
- Safety and Security in life
- Love, affection and a sense of belongingness
- Luxuries and amenities
- Status enjoyed with the above parameters

These points in brief can be described in a layman's sense as the 'Determinants of Satisfaction and Happiness'. The presence of the above mentioned parameters can assure the Satisfaction and Happiness and the absence of the same can lead to dissatisfaction, unhappiness and the overall unrest.

# D) Tracing the Roots of Satisfaction & Happiness in ancient Indian Mantras:

Surprisingly, outline of the similar conditions, ideal thoughts and well-wishing on the same can be traced back in the ancient **Indian** Mantras as given in the Vedas, Upa-nishadas etc. In the very popular Mantra "Sarve Bhavantu Sukhinah, Sarve Santu Niraamayaah" an appeal can be found made for the Peace, Satisfaction and Happiness for every one on this planet Earth. In the same way the resemblance of the popular Modern Management Concepts can be found in other Mantras such as

Ancient Indian Mantras	Finding resemblance with Modern Management Concepts like Satisfaction & Happiness
"Sarve Bhavantu Sukhinah"	May all be Happy
"Sarve Santu Niraamayaah"	May all be free from illness
"Sarve Bhadraanni Pashyantu"	May all see what is Auspicious
"Maa Kashcid Duhkha Bhaag Bhavvet"	May no one Suffer
"Om Shaantih Shaantih Shaantih"	Om Peace, Peace

The mantras as given in the Vedas & Upa-nishaadas depicts the well-being of the overall society, every individual just for the betterment of the society and the same can be found taken care of in the Modern Management Concepts. In today's modern economy full of cut-throat competition, where the organizations are struggling for the Success & Survival for the long term, the Management function of every organization constantly focus on the concepts like Happiness – Satisfaction - Peace which can be traced back in the ancient Indian Mantras.

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May all be Happy..... May all be free from illness..... May no one Suffer......

#### **CONCLUSION:**

This concept of Satisfaction is necessarily an outcome of the typical ancient invaluable Indian Mantras like – "Sarve Bhavantu Sukhinah, Sarve Santu Niramaya" and an appeal can be found made for the Peace, Satisfaction and Happiness for every one on this planet Earth.

- 1. The Modern Management concepts like Satisfaction & Happiness are an outcome of the ancient Indian Invaluable Mantras.
- 2. Modern Management concepts and the ancient Indian Mantras both focus on the Satisfaction, Happiness and overall Peace.
- 3. A happy and tension free work environment is the bare minimum expectation of every Individual.
- 4. Equality of income and opportunities, Social Freedom and the Social Support and mainly the Life –Expectancy are the factors that results in Satisfaction & Happiness arising out of it.
- 5. Satisfaction & Happiness drastically reduces stress levels, minimizes anxieties and settles down the depression levels. All these contribute significantly in improving the immune system and the overall health condition of an individual.
- 6. Finally, it can be said that Ancient Indian Mantras gets reflected in the Modern Management concepts like Satisfaction and Happiness and hence the Hypothesis is accepted.

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