



## IMPACT OF HIV/AIDS ON RELATIONSHIPS OF WOMEN: A STUDY OF HIV POSITIVE WOMEN IN ANDHRA PRADESH

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### ABSTRACT:

HIV illness isn't only a restorative issue yet it likewise has significant ramifications in social and family connections of an individual. With this perspective the present paper investigates the effect of HIV finding among ladies and their associations with the relatives and huge to other people. From the examination drawn from the forty tainted ladies utilizing inside and out meetings uncovers that the finding of HIV positive influences the connections of ladies in her everyday life and in the long haul. Disgrace connected to the infection and its method of transmission is a portion of the actualities which transforms the relationship into emergencies. The investigation proposes that restricted of handling this circumstance is by giving directing to the relatives and by making mindfulness inside the network about the sickness.

**Keywords:** Women, HIV/AIDS, Stigma, Impact, Relationships

### INTRODUCTION:

HIV ailment isn't just a therapeutic issue yet additionally has significant ramifications in the life of an individual as far as social and family connections. Generally, when an individual is sick, the family supposedly provides passionate, down to earth and social help to the individual. Anyway if there should be an occurrence of HIV, encounters have demonstrated that the illness upsets this example of help. HIV infection, influences relatives and life of the individual and huge others. At the point when individual comes to think about the ailment of HIV which has no fix, it puts the person's life into different dangers. This impact isn't just physically yet in addition has social effect to the specific individual and their relatives. In this manner, the exceptional parts of HIV contamination as transmittable, hazardous and serious spots specific weight on connections between guardians, guardians and youngsters and with the more distant family and past (Bor et al., 1989).

HIV/AIDS is considered as a slandered sickness and as a social effect the individual who is experiencing it is segregated by the general public and relatives who are near the HIV/AIDS individual on account of the legend and misinterpretations about the infection. The circumstance of the ladies who are determined to have HIV/AIDS confronted multi shame as a result of her numerous jobs and low status in the general public. With auxiliary position in the general public they are experience the ill effects of aggressive behavior at home, misuse, endowment badgering, childlessness and different separations and on the off chance that she is determined to have HIV positive, it duplicates the effectively existing troubles and expands an amazing misfortunes.



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As indicated by the evaluations of NACO for the year 2005, in India, ladies represent around two million of the roughly 5.2 million assessed instances of individuals living with HIV and AIDS (PLWHA), comprising 39 percent of all HIV diseases. The observation information shows that, in high commonness expresses, the plague is spreading continuously from urban to provincial regions and from high-hazard gatherings to the all inclusive community. A huge extent of new contamination is happening in ladies who are in monogamous relationship and have been tainted by spouses or accomplices who have different sex accomplices. Natural, socio-social and economic– factors make ladies and young ladies increasingly helpless against HIV and AIDS. The HIV infection is more effectively transmitted from men to ladies than from ladies to men as male-to-female transmission amid sex is about twice as likely as female to-male transmission. In India, the low status of ladies, neediness, early marriage, dealing, sex-work, movement, absence of instruction and sex segregation are a portion of the components that are in charge of expanding the powerlessness of ladies and young ladies to HIV disease. Besides, the effect of HIV and AIDS comes to a long ways past the wellbeing part with serious financial and social outcomes and it has been discovered that it is considerably more extreme on ladies than men.

### Context and Methodology

Andhra Pradesh is one of the states in India with the high commonness of HIV/AIDS cases and is right now one among one of the six 'hard hit' states, having 5.5 lakh HIV diseases (The Hindu, 2008). The state additionally has the most noteworthy extent of individuals with explicitly transmitted infection (STDs), who have tried positive for HIV/AIDS. It is of worry as individuals experiencing STD's are increasingly powerless against HIV disease, yet HIV/AIDS is never again restricted to those with unsafe sexual conduct and is developing among different gatherings as well.

The present examination depends on the essential information gathered from forty ladies living with HIV/AIDS. These ladies are recognized and chose with the assistance of four NGOs which are working in the territories of giving consideration and support to the general population living with HIV/AIDS. Purposive sampling procedure was embraced and the assent of the ladies was looked for before directing the top to bottom meetings. Most of the ladies are local of the state living in the distinctive areas of the twin urban areas of Hyderabad and Secunderabad, with huge numbers of them dwelling in ghetto territories.

### Brief Profile of the Respondents

Lion's share of the ladies (21) are under the age bunch between twenty five to thirty years and others are over thirty years old aside from one who is of over forty years old. As far as conjugal status, eighteen of them are hitched ladies, sixteen are widows and the rest six are isolated from their spouses. Training situation proposes that the majority of these ladies are unskilled as out of forty respondents eighteen of them are uneducated, eight have taught up to essential dimension while eleven have finished auxiliary tutoring and just two of them are graduates.

Fourteen ladies are housewives and are relying upon the pay of their spouses and relatives. Eight of them are filling in as an effort laborer for the non-government association with whom they are related with working for the HIV/AIDS patients. Among rest of the ladies three are ayas, five are filling in as household hirelings and eight are doing own frivolous business.

Regarding month to month pay it has been seen that the vast majority of ladies had a place with the low salary gather having month to month pay extending from Rs. 1500 to a most extreme of Rs 4000. If there should arise an occurrence of nineteen ladies it is observed to be not exactly the fifteen hundred. Seven had salary over three thousand rupees however not as much as that of five thousand. Nonetheless, the instances of fourteen ladies are more terrible as the family salary had been diminishing each month for the most part because of the way that their spouses are not ready to go for work consistently as they as often as possible fall debilitated because of the disease. Among every one of the ladies twenty two of them are experiencing HIV contamination for the last three to five years, twelve since most recent two years and four from a year. Just two ladies were analyzed HIV/AIDS eight years prior.

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### Immediate Impact of HIV/AIDS Status on Women's Life

Ladies are not the primary beneficiary to get the news of her HIV/AIDS status. Ladies get to thought about their HIV status when they visited specialist for various reasons, for example, at the season of pregnancy test, amid tyke sickness, amid spouse ailment or when she herself is sick. They are uninformed of the malady and have not caught wind of it even from the individuals who went with them when they originally went for the test. So it was specialist just who disclosed about the sickness to the went with individual.

On finding out about the sexual method of exchanging of the illness ladies did not accept at first as they have confidence on their significant other and trusted that their spouses have not been enjoyed such sort of exercises and have not undermined them. Numerous ladies were absolutely ignorant regarding HIV when they or their life partners were first determined to have being HIV positive. They by and large continue falling sick and are heading off to the center reasoning it as ordinary sickness until the point when specialist prompted them to go for HIV tests. In any case, later when disease was deducted numerous ladies began imagining that their life has turned out to be hopeless in the wake of encountering such a large number of issues as a result of it—which their better half has passed it on to them. it was accounted for that even After thinking about the contamination their better half did not conceded having additional – conjugal relations for getting the disease, rather they endeavored to persuaded their spouses that they are blameless yet at the same time they got the sickness.

Putting stock in the customary standard of tolerating of what men say is valid and to be obeyed by ladies. Inborn to this is the way that she wouldn't like to demolish her life by further addressing him and conflicting with his desire. This demonstrates the ladies since starting are viewed as a material protest the men people whose activity is to bring forth kids and support the entire relatives and not scrutinize the spouse independent whether what he does is correct or off-base. Further there are a few ladies who trusted that this infection can just happen to the individual whether men or ladies who have terrible character and enjoy shameless conduct. For their situation they don't know about the where about of their spouses and just came to think about it when their husbands were first determined to have HIV Positive (8).

### Immediate Reaction of the Spouse

If there should be an occurrence of four ladies their better half has abandoned them, when their HIV analyzed came positive. They left them and faulted that they are just mindful of the infection and not the spouse. Five ladies got rough response from the mate when they gone for the test amid pregnancy and got some information about their sexual affiliations. Rather than coming clean, the spouse has beaten them before the relatives and rather pointed the finger at them for the malady and denied to go for the finding. Dissimilar to them in eight cases spouses were steady at the season of determination and catching wind of their HIV status and in rest twenty cases husband has passed on or were isolated preceding her HIV finding as it were.

It has been seen that reactions of the ladies' mate was negative and are viewed as primary guilty parties empowering them to assault the character of their spouses. They blamed their spouses however exceptionally very much aware that it was not their wives but rather themselves who brought the infection. Ladies were manhandled by their life partners when they were tried positive and yelled at her and utilized foul words before the relatives and some of the time in the general population as well. As reflected in the writing, HIV/AIDS related disgrace and segregation in this manner plays into, and strengthens existing social generalizations and disparities that influence ladies to appear to be mediocre compared to men, additionally as far as culture that regards the man more than the lady in light of the fact that socially the man is the leader of the house and rest of the family unit individuals are adherents of his colloquialism. The perceptions from the reactions uncover that ladies appear to acknowledge the negative reactions from their accomplices inactively. It is apparent that inborn fault is disguised after their accomplices have abandoned them. Ladies don't give off an impression of being insulted particularly when men's conduct results in their accomplice's

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disease. As has been accounted for by Nashandi (2002) that ladies are reprimanded for their own disease and that of their accomplices. Subsequently ladies end up segregated, dismissed and relinquished.

Regardless of whether contamination has originated from spouse or accepted to have come through ladies, the reality remains that, in both the cases the lady, needs to confront the enduring of pressure and weight contrasted with man. As it is lady, who isn't set up to scrutinize her better half regardless of whether it is identified with her prosperity she needs to acknowledge everything as a destiny as she is by and large absolutely reliant on him for survival with no elective help in the majority of the cases. This type of sex segregation is particularly spread in the general public. The ladies say that their place is in their homes; they need to get ready nourishment, deliver youngsters, sustain them, and to address the issues of the spouses. They will restrict to the house, and not to go outside, and acknowledge whatever is directed to them by men. These types of sexual orientation segregation support the men and are primarily impacted by the social standards in regards to masculinity, some of which go extremely negative with regards to HIV henceforth, unbiased methodology is required for welfare of both to the extent HIV is concerned.

### **Infected Women and Behavior of Family Members**

Ladies is commonly joined by the relatives amid the season of test, it has been seen that sexual orientation was a noteworthy factor in deciding the presumable reactions. Girl, spouse, little girl in law encounter abnormal state of separation when contrasted with child, husband and child in-law in both affinal and marital families. The greater part of ladies were segregated particularly in matrimonial family. As it is broadly trusted that just shameless individuals can get the disease, the WLHA endure the worst part of the fault. For occurrences in start of their wedded life, they have exceptionally friendly association with their in-laws and different individuals in the family like brother by marriage spouses and sisters of husband. Be that as it may, as days passes by the relationship sharp flavoring and will no longer more grounded and they had a battle for each little things.

Larger part (22) of the lady's connection with her in-laws in the start of their wedded life was not exactly heartfelt and as in-laws were not cheerful in light of the fact that their folks didn't satisfied their settlement requests and used to have battles between them for little issues. When they become acquainted with about the contamination at that point family think them as dependable to bring the sickness for their child and their grandkids. These ladies have been tossed out after the passing of their better half by their marital relatives. These ladies are even not regarded by alternate individuals in their own families. Lion's share of the respondents felt that men were treated with more nobility and regard than ladies since men earned for the entire family. Ladies likewise revealed that men dependably beverages and bets the vast majority of the occasions yet at the same time their relatives don't have any protest for this and reprimanded the ladies for that moreover. As one of the multi year old widow said

### **Response of Natal Family**

It is seen that the contaminated lady gets more help in her natal family than her significant other's family. After the demise of their better half the ladies moved to their natal family (it is possible that she was tossed out or proceeded onward claim) where she got the help despite the fact that they are HIV positive. Lion's share of the ladies gets bolster from the mother than dad and different individuals from the natal family. For few it was seen that their dad has approached when they gotten abuse from their very own mom and other relatives. The dad empowered and supports the certainty to live with HIV with full regard and pride. Ladies have likewise announced that however there mother is constantly strong yet once in a while they also get disappointed when things not occurred on account of their HIV status then their mom yells and censures them for their infection and consider them to be dependable to get it.

Other than mother and father lady likewise gets bolster from the sibling and sisters. It is seen that in lion's share of the cases in the investigation the ladies got bolster from the unmarried sibling and sisters than the wedded kin. Scarcely any ladies were remaining in the family with wedded sibling and it is seen that in such cases the ladies got abuse from her sister-in-law. Despite the fact that ladies had a heartfelt association

with her sibling yet she faces abuse with him due to his significant other. As indicated by them, as they are not working and sibling is spending his salary to the family and to their treatment makes sister-in-law irritated., consequently faces abuse and unsanitary words from her. They even not enable their youngsters to blend with the offspring of the tainted ladies. As indicated by them their sister-in-law expected that ladies may transmit the ailment to them and to their kids so keep up the separation with the tainted kin of the spouse.

### Response of Community Towards HIV Women

Dominant part of the ladies have not unveiled their HIV status to outside individuals other than their very own relatives. They said that they had a dread that they have a thought that on the off chance that the general population around them will come to think about their disease, it will give awful impression to both their families and to them and clearly may place them in numerous issues. Every one of them detailed that they suspect as much as they have listened such dread of the general population through T.V programs and furthermore they have seen their friend bunches who have shared their encounters/sees in such manner in gatherings sorted out by the non - government associations.

If there should be an occurrence of six ladies their neighbors have begun keeping up separation from them when they came to think about their status amid the season of their better half's passing. As specialist has additionally addressed the neighbors of the contaminated ladies to comprehend the network response towards HIV tainted ladies, at that point it was seen that neighbors were utilized to have heartfelt association with the ladies and her relatives till they were ignorant about the sickness which she was having. However, in the wake of thinking about it they have quit visiting the place of ladies. Three tainted ladies who are bereaved revealed that as their neighbors quit conversing with them and their relatives, they moved their home to other place. To the neighboursbehaviour, a thirty multi year old widow states

### Conclusion

Above dialog from the reactions of the tainted ladies demonstrates that they confront shame and segregation from the relatives and other social gatherings and accordingly are inwardly, physically, socially and monetarily defenseless. It proposes that HIV/AIDS is a derided ailment and as a result of this preference the sufferers are getting negligible help from their own relatives and thus there is an interruption in the connections of others with them. The ladies are deserted and abused by their spouses, in-laws and now and again from by their own folks and kin. The relatives and network reactions towards HIV conclusion is additionally negative basically as a result of shame related with the illness and its method of transmission that makes them to keep up the separation from the contaminated and their relatives particularly their youngsters that harms the tainted ladies most. The perception from the examination focuses to an earnest need to handle this circumstance, which could be by giving directing to the relatives and furthermore making mindfulness inside the network about HIV/AIDS. This will be profited in two different ways, right off the bat the spread of the infection would be controlled and furthermore the network would be sharpened to the experience that HIV/AIDS individuals and their families experience. With this mediation atleast one can take out fantasies and misinterpretations about the sickness and will help in reinforcing the associations with the unfortunate casualties who are not generally the guilty party of the HIV but rather still loaded to live with the illness as caused to her in light of the others blame.

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