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## ROLE OF MAHARASHTRA STATE KABADDI ASSOCIATION IN DEVELOPMENT AND ACHIEVEMENT OF KABADDI

**Yeshwant Kalepwar**

Director of Physical Education & Sport, Shahir Annabhau Sathe Mahavidyalaya, Mukhed, Dist. Nanded.

**Abstract :-** Physical Education is a science of sports having a background of systematic and careful analysis of various sports events. According to Kiran Sandhu, Sports is common place and yet so controversial . It is universal in the sense that it is practiced in every country and yet it does not always take the same form in each country. Hence each country has developed its own specialty in some area of sports. About such games Kabaddi is one of the India's original sports game. Kabaddi as a sports activity has emerged as better and cheaper game for a vast geographical can multi-cultural society of India. In this study we are going to examine development and achievements of Maharashtra State Kabaddi Association in a systematic manner. Prior to understanding the role of Association it would be relevant to understand sports in a scientific manner.

**Key Words:-**Kabaddi Association ,Development and Achievement Of Kabaddi.

### INTRODUCTION

The Role of Maharashtra State Kabaddi Association's development and achievements is a case study, which focuses on Kabaddi as a powerful game of Maharashtra State. Sport provides a tension free and cordial approach to life. According to Sandhu, sports has been viewed as a healthy distraction from the drudgery of everyday life. It has been to many a way of forgetting about the pressures and pulls of education and work as well as the burdens of mundane responsibilities of life.<sup>2</sup>

Kabaddi is game, which brings social harmony and integrity in the group. It improves leadership and also infuses new spirit among the minds of players. Teamwork and common action are important goals of this event. In this field of Kabaddi also MSKA was established to improve the status of Kabaddi in Maharashtra State. Its developments and achievements are in important subject matter of this study.

### ORIGIN AND HISTORY OF KABADDI

The game Kabaddi popularly known as Hututu in Maharashtra, M. P. and Gujrat, Chedu-gudu in Tamilnadu and Karnataka, Wandikali in Kerala, Kabaddi in Noth Indi, Zabarganga in Punjab and Ha-du-di in Bengal is purely an Indian game.<sup>3</sup> In fact it could be the most ancient form of outdoor sports for the entire human race.

In the history of Kabaddi traced back to epic age. However there are two schools, one goes back to pre-historic period and the other starts from epic period. The game is essentially an Indian one, through there is no clear-cut evidence about its origin. In that particular episode, Arjuna's son, Abhimanyu was engaged in a fierce battle with a set of 7 figures. They skillfully defended themselves by instituting a difficult blockade called Chakravyuha.<sup>4</sup>

### STATUS OF KABADDI ON NATIONAL AND STATE LEVEL

Further the development of Kabaddi has also been traced in the medieval period of Maratha history during which the colleagues of Chatrapati Shivaji Maharaj and developed their strategy of guerillas warfare through the

offence & defiance strategies deeply rooted in Kabaddi. Further in the year 1919, Bhartiya Swayam Sevak Mandal, Pune organized Sajeevani Kabaddi. The experiments have increased confidence of the Kabaddi organizers. The popularity of Kabaddi went on increasing in different forms and areas.<sup>5</sup> After Maharashtra Bengal has contributed for the popularity of the game in 1923. Thus from 1938 regular national level competitions were organized regularly in these games only males were included.

In United Bombay state scanty efforts were made for the development of Kabaddi. However, Kabaddi got a boost when independent linguistic state of Maharashtra was established in 1960. Bombay state kabaddi association here in after called as MSKA. The sports activities began in Marathwada from 1930.<sup>6</sup> Kabaddi is treated as root of guerilla warfare and like Marathas under Chahatrapati Shivaji Maharaj, Peshwas as well as early crusaders of 1857 also used different sports activities for creating public opinion.

### RESEARCH METHODOLOGY

Physical education social research requires careful analysis of facts. These facts can be derived from study of ideas, individuals and organizations. The study of Maharashtra State Kabaddi Association is related to physical education. Karl Pearson has rightly observed that, there is no shortcut to the truth...no way to gain knowledge of the universe except through the gateway of scientific method.<sup>7</sup> The study of MSKA is based on these important disciplines, physical education along with sociology, and management science. Thus present subject is a new subject and it is a study of sports association, which is not conducted previously. The research problems are of three types, objective, ideal and normative. In social science research when a typical research work is conducted based on certain specific segment that study is known as case study method.

Wilkinson and Bhandarkar have rightly observed that exploratory studies have in the main the purpose of formulating a problem for precise and structured investigation or of developing hypothesis.<sup>8</sup> In view of this in order to study development and achievement of MSKA this design is rightly selected.

### HYPOTHESIS

Hypothesis is a line decided by the scholar to explore facts in a systematic manner. According to Sarvanavel, when a researcher observes known facts he takes up a problem for analysis he first has to state somewhere and this point of start is the hypothesis.<sup>9</sup> Hence hypotheses are essential for beginning of any scientific research. In this study following hypothesis were set forth.

1. The MSKA has recorded its high contribution in the field of Kabaddi on national levels. The achievement of the Association is more bright than any other state association of kabaddi on national level.
2. The MSKA is functioning well association because it has followed all basic principles of social management such as organization, planning, control and coordination.
3. The MSKA has well organized its training and coaching of kabaddi on state level for its right functioning.
4. Kabaddi game could not achieve the status at international level, for which it deserved.

### SUMMARY

After careful exploration of Maharashtra State Kabaddi Association's development and achievements. It is true that Kabaddi is an indigenous game having totally Indian character, It has been evident that this game has deep roots in Vedic tradition. It has close connectivity with Yoga and Pranayam and it provides complete exercise to body and refreshes human mind. Such a game has been developed and popularized by Maharashtra State Kabaddi Association, whose role was studied in this work. Being a team work, Kabaddi has a unique character of team spirit and participation and it provides all the thrills and excitement those other popular teams games like football or hockey can offer.

Thus the deliberations made in this research paper reveal that the Maharashtra State Kabaddi Association is marching ahead with many problems. It needs financial support as well as infra-structural facilities. If it adopts new management practices, it can change accordingly in the new millennium. The Maharashtra State Kabaddi Association has to follow new principles as well as practices for changing its profile in the new age, it has restored the history and culture of Kabaddi in Maharashtra. Now it has to develop its own scientific coaching and training to keep Indian Kabaddi on the top of the world. The Maharashtra State Kabaddi Association can become search light in the future path of progress to achieve quality and excellence, so that India can achieve much more gold medals in Kabaddi in future and Maharashtra can be a model in this regard.

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