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# COMPARISON OF TRAINING AND COACHING FACILITIES IN COLLEGES OF DIFFERENT UNIVERSITIES



#### **Onkar Singh**

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Abstract: The purpose of this study was to investigate the training and coaching facilities in different universities of Punjab State and their affiliated colleges. From each of the three universities i.e. Guru Nanak Dev University, Punjabi University and Punjab Agricultural University, apart from their campuses and colleges. The Punjab State consisting of three universities were divided into groups and as a sample i.e. the colleges selected for study was drawn from each stratum at random. So the selection of colleges for the study was made through the stratified sampling method.

Result found that training and coaching score of Guru Nanak Dev University is better than Punjabi University and Punjab Agricultural University.

Keywords: Agricultural , Coaching Facilities , Training , Mismanagement.

#### **INTRODUCTION:**

In India, Punjab is foremost in sports and producing world class sportsmen. In all there are 218 colleges in the sate out of which fifty-nine colleges are affiliated to Punjabi University, Patiala,86 to the Guru Nanak Dev University, Amritsar and six to the Agricultural University, Ludhiana. Any department in order to function adequately must have sound and well established administrative policies or guiding rules as a basis on which to operate sound administration. It demands a positively planned procedure rather than a floundering make shift programme arrangement. It is essential that the director knows the policies which are to serve as guidelines. Mismanagement comes in when there is lack of initiative on the part of director. The major principals who need proper attention are those concerning the staff, students, competitors and educational system. Keeping the major principles in view, Punjab seems to have developed a sound and systematic system of organization and administration through its directorate of sports.

The present study undertaken by the investigator is an endeavour to access the physical educational personnel and facilities which are provided by the authorities in affiliated colleges of various universities in the State of Punjab and their impact upon the achievements of the colleges in the field of sports. It is earnestly believed that such an evaluation of physical education facilities will go on a long way to make the sports and physical programme really effective and aim-oriented.

Availability of adequate sports facilities through out the country is basic to the development of sports and for its broadbasing. Apart from the central and State governments the active involvement of all other agencies, such as, the panchyati raj institution; local bodies; educational institutions; the clubs as well as the industrial undertaking will be solicited in the creation of sports infrastructure. Steps will be taken to evolved low cost, functional and environmental friendly design in the regard so that with the minimum investment, maximum benefit can be derived. Steps will also be taken to ensure the preservation of excepting stadia, play field and open spaces in the rural and urban areas for sports purposes.

#### RESEARCH METHODOLOGY:-

To conduct the study, 18 colleges were selected from GNDU Amritsar, 18 colleges were selected from Punjabi University Patiala and 06 colleges selected from Punjab Agricultural University Ludhiana. The sample is based on stratified random sampling technique. To assess the facilities of selected universities and their affiliated colleges, for questionnaire A and B were specially constructed for collecting the data. Questionnaire A in which general data about the colleges and universities were collected and questionnaire B in which achievement and performance score to be collected.

Onkar Singh, "COMPARISON OF TRAINING AND COACHING FACILITIES IN COLLEGES OF DIFFERENT UNIVERSITIES" Indian Streams Research Journal Vol-3, Issue-9 (Oct 2013): Online & Print

Table No. 1
Comparison of training and coaching scores of the colleges of different Universities

Sr No.	Name of the University	Mean	SD	t	р	Significance
I	Punjabi University (N = 18)	173.55	106.24	Between I & II 2.15	< 0.05	Significant
II	Guru Nanak Dev University (N = 18)	259.27	130.00	Between I & III 0.71		Not Significant
III	Punjabi Agri. University (N = 6)	193.83	24.95	Between II & III 2.19	< 0.05	Significant
IV	All Colleges (N = 42)	213.19	114.55			

From table No. 1, result found that the 't' value between these two Universities was 2.15, which is significant at 0.05 level of confidence.

The 't' value was 0.71 which showed that the difference in mean score is not significant and the 't' value as calculated was 2.19 which showed that there is significant difference between the two.

#### **CONCLUSION:-**

The Conclusion From The Analysis Of This Table Is That The Traning And Coaching Score Of Guru Nanak Dev University Is Better Than Punjabi University And Punjab Agricultural University

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