Article Review Report

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STANDARDIZATION OF TRADITIONAL SUPPLEMENTARY FOODS CONSUMED BY LACTATING MOTHERS IN JAIPUR CITY





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REVIEW OF THE ARTICLE

Standardization Of Traditional Supplementary Foods Consumed By Lactating Mothers In Jaipur City

Anjali Sankhla¹ and Ila Joshi²

ABSTRACT:

The problem statement was clear and well articulated Nutritional needs of lactating mothers are higher than pregnant women because of secretion of milk, the quality and quantity of which depends upon maternal diet. During lactation many foods are excluded with the concept that the food received by the infant through breast milk may harm the child.Present study was conducted on 60 lactating mothers selected from two communities i.e. Hindu and Sikh, 30 from each community.

INTRODUCTION:

The introduction provides a good, generalized background of the topic that quickly gives the reader an appreciation The lactating mothers are considered as nutritionally vulnerable group especially in the developing countries of the world. Nursing mothers are subjected to nutritional stresses during lactation period. Therefore, they require balanced diet right throughout the two years of breastfeeding and not just in the first six months of exclusive breastfeeding. If a mother is severely malnourished, the quantity of breast milk produced for each feeding may be diminished.

METHODOLOGY:

This study was conceptual in nature. Author described a variable under study in detail. Information related to traditional supplementary foods (TSFs) consumed by lactating mothers belonging to Hindu and Sikh communities was collected along with the information on ingredients used, their amount and the methods used in preparation of these foods, frequency of consumption and amount of supplementary foods consumed by lactating mother in a day and food taboos observed.

PRESENTATION OF RESULTS:

Must add result in your article.

A Good Result: -

Results are as per aims and objective and useful to further research.

REFERENCES:

Prior publication by the author(s) of substantial portions of the data or study was appropriately acknowledged.

RELEVANCE:

The study was relevant to the mission of the journal or its audience. The study addresses important problems or issues; the study was worth doing.

FUTURE RESEARCH SCOPE:

1. online Home Science courses (http://www.emagister.in/online_home_science_courses-tonline-207.htm)

2. SCIENCE TOY MAKER (http://www.sciencetoymaker.org/)

40 Cool Science Experiments on the Web (http://www.scholastic.com/teachers/article/40-cool-science-experiments-web.

SUMMARY OF ARTICLE

		Very High	High	Average	Low	Very Low
1.	Interest of the topic to the readers			~		
2.	Originally & Novelty of the ideas		\checkmark			
3.	Importance of the proposed ideas	~				
4.	Timelines		\checkmark			
5.	Sufficient information to support the assertions made & conclusion drawn	✓				
6.	Quality of writing(Organization, Clarity, Accuracy Grammer)			-		
7.	References & Citation(Up-to-date, Appropriate Sufficient)		\checkmark			

Future Research Suggestions

This Article can expand further research for MINOR/MAJOR Research Project at UGC

